



## Menu P-8 2022-2023



					eat. learn. live.	
CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Mac 'n Cheese with Veggies & Dip	Tex Mex Tacos with Mexican Rice and Corn	Sweet & Sour Chicken, Rice Bowl & Stir Fried Veggies	Spaghetti with Meat Sauce & Caesar Salad	Hamburger & Roasted Potato Wedges	
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	
WEEK 2	Baked Goulash with Caesar Salad	Lasagna & Garlic Breadstick	Hot Chicken on a Bun, with Side Corn	Shepherds Pie Bowl with Steamed Carrots	BBQ Chicken Drumstick, Mashed Potato & Carrot Sticks	
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	
Daily Alternate Meal Week 1 and 2	Popcorn Chicken Mashed Potato Bowl & Corn	Grilled Cheese Sandwich & Chicken Noodle Soup	Cheese Pizza Slice & Caesar Salad	Chicken Nuggets, Home Made Wedges & Veggies	Pancakes with Syrup & Fresh Fruit	
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	
	WEEK 1 DATES		<u>WEEK 2 DATES</u>			
September 6-8	December 12 - 16	March 20 - 24	September 12 - 16	December 19 - 23	March 27 - 31	
September 19 - 22	December 26 - 30	April 3 - 7	September 26 - 30	January 2 - 6	April 10 - 14	
October 3 - 7	January 9 - 13	April 17 - 21	October 10 - 14	January 16 - 20	April 24 - 28	
October 17 - 21	January 23 - 27	May 1 - 5	October 24 - 28	January 30 - February 3	May 8 - 12	
October 31 - Nov 4	February 6 - 10	May 15 -19	November 7 - 11	February 13 - 17	May 22 - 26	
November 14 - 18	February 20 - 24	May 29 - June 2	November 21 -25	February 27 - March 3	June 5 - 9	
Nov 28 - Dec 2	March 6 - 10	June 12 - 16	December 5 - 9	March 13 - 17	June 19 - 23	



## Daily Items P-8 2022-2023



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<b>ॐ</b>	Bagel with Butter	\$	2.25
	Bagel with Cream Cheese	\$	3.25
BREAKFA	Yogurt Parfait	\$	3.00
BICK N. DINE	01		
	Grilled Hamburger	\$	4.25
	Cheeseburger	\$	5.00
	Grilled Chicken Burger	\$	4.75
	Crispy Chicken Burger	\$	4.75
$\  0 \ $	Chicken Nuggets with Sauce	\$	3.75
GRILL			
STREET WITH STREET	Hand Made Oven Roasted Potato Wedges	\$	3.40
	Baked Popcorn Chicken with Sauce	\$	3.75
	Baked Fries	\$	3.40
	Gravy	۶ \$	0.50
	diavy	ڔ	0.30
	Tuna Salad Sandwich on W/W	ć	4 25
P.	Tuna Salad Sandwich on WW	\$	4.25
2000	Grilled Cheese Sandwich	\$	4.10
SANDWIO	Grilled Cheese Sandwich Ham & Cheese on WW	\$ \$	4.10 4.25
SANDWIO	Grilled Cheese Sandwich	\$	4.10
SANDWIO	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap	\$ \$ \$	4.10 4.25 4.00
SANDWIO	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz	\$ \$ \$	4.10 4.25 4.00 3.50
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz	\$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50
SANDWICE SALAD ONTO ATRIBUTE	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz Fruit Salad	\$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50 2.75
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz	\$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz Fruit Salad	\$ \$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50 2.75
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz Fruit Salad Tomato Basil Pasta Salad  Pizza Slice	\$ \$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50 2.75 4.50
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz Fruit Salad Tomato Basil Pasta Salad	\$ \$ \$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50 2.75 4.50
OELI-CIOUL	Grilled Cheese Sandwich Ham & Cheese on WW Chicken Snack Wrap  Garden Salad - 12oz Caesar Salad - 12oz Fruit Salad Tomato Basil Pasta Salad  Pizza Slice Garlic Fingers	\$ \$ \$ \$ \$	4.10 4.25 4.00 3.50 3.50 2.75 4.50

	B 1 1 - 1 1 1 1 1 1 1	\$	
	Baked Tortillas and Salsa		2.75
	Veggies and Dip with Hummus		3.65
	Veggies and Dip with Ranch		3.00
	Cheese, Grapes and Crackers		3.95
	Apple Wedges with Honey Yogurt Dip	\$	3.00
GRAB & GO	Local Apples		1.50
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	Fresh Grapes (2oz)	\$	1.85
	Fruit Smoothie	\$	2.75
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	Carrot & Celery stix with dip	\$	2.00
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	Small Milk	\$	0.40
		\$ \$	0.40
	Large Milk Small Chocolate Milk	\$ \$	2.00
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	Large Chocolate Milk	\$	3.00
GRAB & GO	500ml Water Nestle	\$	1.75
QUICK CUISINE	591ml Water Aquafina/Dasani	\$	2.25
	Can Juice	\$	2.00
	Sparkling Can Water	\$	2.00
	1oz Cookie	\$	0.85
	Fresh Baked Muffin Small	\$	1.25
<u>~~</u>	Reduced Fat Banana Loaf	\$	1.50
BULLBA	Oatmeal Berry Loaf	\$	1.50
MAYE A BITE	Cinnamon Buns	\$	1.75
	Rice Krispie Square	\$	1.00