

PARENTING YOUR TEENAGER

WALKING THE MIDDLE PATH

Learn to better understand your teen, improve communication and help your family run more smoothly.

6 week online zoom program

**Tuesdays, March 1 - April 12, 2022 4:00-5:30pm
(no session March 15)**

Program open to parents of teens with a valid NS Health Card

To register call 902-460-4560